



The Jasmine Dragon

American Kenpo Karate Kung-Fu Martial Arts



3rd Degree Brown Belt Technique List

Self-Defense Techniques

- ___ Chinese Pinchers A.B.
- ___ Crossing Hooks A.B.
- ___ Dance of Death
- ___ Double Spear A.B.C.
- ___ Escape
- ___ Reversing Wind A.B.
- ___ Slashing Cougar A.B.
- ___ Sowing the Seeds A.B.
- ___ The Cyclone
- ___ Whirling Blades

Blade Disarming

- ___ Chinese Fan
- ___ Dance of the Mongoose
- ___ Locking the Gate
- ___ Low Cross A.B.C.
- ___ Misdemeanor A.B.
- ___ Samurai Disarms A.B.
- ___ Turning Blades A.B.
- ___ Weaving Serpent

Grappling Techniques

- ___ Chin Dive
- ___ Choke of Death
- ___ Kimchi Chokehold
- ___ Kimchi Counter

Fire-Arm Disarming

- ___ Covering the Flames
- ___ Reversing the Flames A.B.

Katas

- ___ Basai
- ___ Basic Sword Kata